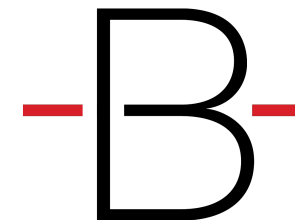


Procedure: Arriving at studio and entering class: PHASE 1



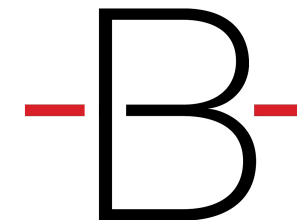
Objective:

- To maintain social distancing between clients and staff personnel through the process of entering the studio and taking part in a Barre class.
- All these steps will be communicated to clients via newsletters, social media posts. Where additional more specific communications are required this will be outlined in 'Actions Taken' below.
- To allow us coadapted and maintain the system outlined below we are reopening initially with a limited schedule. This means that no class is entering the building as a class is leaving and vice versa. This has eliminated the need for a one way system and / or any pinch points within the studio.

Procedure and measures in place:

Procedure	Actions Taken	Related documents
Masks: We ask that whilst queuing and entering the studio a mask or face covering is worn. This can be removed whilst taking class.	The workout studio space will have the extractor fans on at all times.	

Procedure: Arriving at studio and entering class: PHASE 1



All clients booking into studio classes will receive a link to a Covid-19 pre-screening questionnaire and will be asked to review this before attending. By Signing into class in studio clients are confirming that they have read and understood the pre-screening info and agree that they have answered the questions honestly.	Pre-Screen link will be emailed to clients in the studio class booking confirmation and reminders.	Pre screen doc
Class registration will open no sooner than 15 minutes before class, and closes 5 minutes before the class start time. The doors will be closed and locked at 5 minutes before class start time. This is to allow enough time for temperature checks / hand sanitisation to happen. <i>* We CANNOT admit late arrivals to class.</i>	This information to be clearly communicated to clients via newsletter, social media posts and class booking confirmation emails.	
Clients and staff must stay 2m apart at all times.	Floor markings at 2m apart will be implemented.	

Procedure: Arriving at studio and entering class: PHASE 1



Temperature checks:

Clients will be permitted to enter the building one at a time. At the doorway, before entering the building, a member of staff will take the clients temperature using a contactless thermometer.

A temperature above 38 degrees is classed as a high temperature and therefore a contraindication to taking part in class or entering the building. The client will be asked to go home and follow the government guidelines relating to Covid-19 symptoms.

Staff will wear the following PPE:

Mask
Visor

Staff PPE

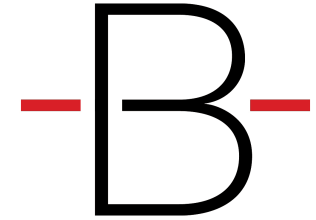
Info re: temp

<https://www.nhs.uk/conditions/fever-in-adults/>

Guidelines if you have symptoms

<https://www.gov.uk/coronavirus>

Procedure: Arriving at studio and entering class: PHASE 1



Clients will then remove their shoes and place them on the shoe rack.

** Changing rooms are currently out of use*

From here clients will be signed into class and allocated a numbered locker AND '**spot**' in the studio.
Clients will go straight to this point after putting any belongings in their locker and wait for class to start.

** Lockers are allocated so we can sanitise them after use. Please do not bring valuables to studio as we have temporarily removed all padlocks. You can take mobile phones and keys into studio with you if you prefer.*

** Toilets are out of use except for emergencies. One toilet will be allocated for this purpose and has cleaning supplies provided. Please dispose of paper towel in the bin provided.*

** The water cooler is currently out of use. Please bring adequate water for your class. Bottled water is available to purchase.*

Lockers are sanitised at the end of each class.

Directions / reminder notice in the toilet reference cleaning after use.

Procedure: Arriving at studio and entering class: PHASE 1



Equipment: All class equipment will be sanitised and labelled as so. We encourage anyone who would like to bring in their own equipment for class to do so, and to keep it with them at all times.		
Allocated 'Spots' in class: At sign in you will be allocated a spot in class, this is to help us to maintain 2m social distancing whilst moving around the studio space. Your allocated 'Spot' is your workout area, please stay within it for the duration of the class. Your instructor will wear a visor whilst teaching your class.	Workout areas will be taped out. The instructors work area is also taped out	
END OF CLASS:		
Please leave all studio equipment in situ and wait to leave the studio once your instructor asks you to do. Everyone will be asked to remain 2m apart whilst everyone collects their belongings and leaves the building.	2m floor markings in place as a visual reminder.	