

Risk assessment: Covid Safe Policy

Company name: The Barre Workout LTD

Assessment carried out by: Sarah Steel-Hoath

Date of next review: 06/08/20

Date assessment was carried out: 12/7/20

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Clients and studio personnel not maintaining 2m social distancing whilst in the studio.	Clients, studio personnel, instructors and visitors	N/A	<p>Communicate the 2m distancing rules to clients and all personnel via email, social media and posters around the studio.</p> <p>Mark out 2m distance on the studio floor in common areas.</p> <p>Mark out 'Workout Zones' in the workout studio spaces.</p>	Management	06/08/20	*

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			<p>Mark out the Instructors working area within the studio spaces.</p> <p>Scheduling classes so that only one class of clients is entering and / or leaving the building at any one time. This prevents 'pinch points' in the studio as well as the need for a one way system.</p> <p>Allocating 'spots' upon arrival to clients to manage the flow of people moving in and out of the studio space.</p> <p>Class sizes reduced to accommodate social distancing from 18 to 8 in</p>			

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			studio 2, and 10 to 4 in studio 1.			
Client or studio personnel arrives to studio with symptoms or a temperature	Other clients or studio personnel	N/A	<p>Clients and studio personnel have temperature taken upon arrival, before entering the studio.</p> <p>Instructors to wear visors whilst teaching or dealing with clients.</p>	Management and Studio personnel.	Ongoing.	*
Door handles, light switches, computer keyboards, high traffic touch points	Clients and studio personnel, contamination via touching surfaces	Daily cleaning, twice weekly deep clean	Frequent cleaning of these surfaces with a 30 second contact time disinfectant. This is a minimum of immediately after a class of clients has left an area (ie. having moved from reception into the studio workout space) in addition	Studio personnel	Ongoing	*

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			to scheduled cleaning immediately after each class has finished.			
Toilets	Clients and studio personnel, contamination via touching surfaces	Daily cleaning, twice weekly deep cleaning	<p>Increased frequency of routine cleaning, toilets cleaned as part of studio clean down after each class with 30 second contact time disinfectant.</p> <p>Request that clients and studio personnel clean the toilet after use. Safe cleaning supplies with a 30 second contact time and instructions in toilets at all times.</p> <p>Hand towels are replaced by paper towels for hand drying.</p>	<p>Studio personnel</p> <p>Clients and Studio personnel.</p>	Ongoing	*

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			Posters placed around the studio to remind clients and personnel to use hand sanitisers and / or wash hands.			
Contamination through touch via lockers / changing rooms	Clients and studio personnel, contamination via touching surfaces	Daily cleaning and twice weekly deep clean	Changing areas taken out of use for phase 1 of studio reopening. Lockers are allocated and locks removed to allow for easy cleaning.	Studio personnel	06/08/20	*
General studio area / Reception	Clients and studio personnel, contamination via touching surfaces, and by being in the studio for prolonged time.	Daily cleaning, twice weekly deep clean.	Sofa area out of use. Toiletries / Hairdryers / Showers out of use. Excess notices removed from notice board to facilitate cleaning and	Studio personnel	06/08/20	* *

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Workout studio space	Clients and Instructors, contamination via touch of equipment / floor.	Daily cleaning, twice weekly deep clean	<p>prevent clients congregating.</p> <p>Reception area: All surfaces cleaned with 30 second contact time disinfectant.</p> <p>End of day clean includes steam cleaning floors.</p> <p>All equipment is sanitised after each use, and labelled as so.</p> <p>Floors are steam cleaned after each class.</p>	<p>Studio personnel</p> <p>Studio personnel</p> <p>Studio personnel</p>	Ongoing	*

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	Contamination via aerosol spread.		<p>Soft / fabric items steam cleaned after each use.</p> <p>Encourage clients to bring in their own equipment if they would prefer.</p> <p>Extractor fans on at all time during and between classes.</p> <p>Floor markings and signs to ensure everyone using the space remains 2m apart from each other at all times.</p> <p>Class sizes reduced to accommodate social distancing from 18 to 8 in studio 2, and 10 to 4 in studio 1.</p>			

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			Instructors to wear visors whilst teaching or dealing with clients.			

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/